

**Somerset County Action Program - JUNE, 2018 Lunch Menu – 1 NO-RED SAUCE,**  
**757 Franklin Boulevard, Somerset, NJ 08873 – 732-846-8888 Pineapple, Apple, Orange,**


**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

				<p>1) Turkey – Vegetable Pot Pie, Apple Sauce, Tossed Salad, Tomato, Cucumber ½ c. Milk 8 oz. Fruit Cocktail ¼ c, Milk 6 oz.</p>
<p>4) Turkey Meatballs 4 ea. &amp; Brown Rice ¼ c, Broccoli Florets ½ c, Grated Parmesan Cheese, Fruit Pears ¼ c, Milk 6 oz.</p>	<p>5) Oven Baked Chicken Nuggets 4 ea. American Vegetable Blend ½ c, Silver Dollar or Sweet Potato Fries ¼ c, Fruit Banana, 4 oz. Milk 6 oz.</p>	<p>6) Meat Loaf with Brown Gravy 1 Serv'g, Mashed Potatoes ¼ c, Green Beans ½ c, Fruit Orange, 4 oz. Milk 6 oz.</p>	<p>7) Chicken Tetrizzini Meal-in One ½ c, Tossed Salad, Cucumber, Tomato ½ c, Sliced Wheat Bread, Fruit Tangerine, 4 oz. Milk 6 oz.</p>	<p>8) Honey Lemon Chicken 1 Serv'g, Spanish Rice ¼ c, Green Peas W/Corn ½ c, Fruit Apple 4 oz., Milk 6 oz.</p>
<p>11) Quesadillas 1ea. W/Chicken 4 oz., Cheese 1oz., Tossed Salad Tomato Cucumber ½ c, Fruit Pear ¼ c, Milk 6 oz.</p>	<p>12) Wheat Rotini Pasta ½ c, with Broccoli ½ c, Turkey Sausage 4 oz., Grated Parmesan Cheese 1 oz. Tossed Salad 1 c, Fruit Orange 1 ea. Milk 6 oz.</p>	<p>13) Oven Baked Fish Sticks 4 oz. Peas &amp; Corn ½ c, Sweet Potato or Silver Dollar Fries, ½ c, Pineapple 4 oz.. Milk 6 oz.</p>	<p>14) Stir-Fry Chicken 4 oz. W/ Oriental Vegetables Chestnut, Snap Peas, Broccoli, Baby Carrots ½ c, Yellow Rice W/Sweet Green Peas ½ c, Fruit Apple 1ea. Milk 6 oz.</p>	<p>15) Mini Penne Pasta Alfredo ½ c, with Cubed Chicken 4oz., Peas &amp; Carrots ½ c, Peach ¼ c, Sliced Wheat Bread, Milk 6oz.</p>
<p>18) Burger 4 oz., Silver Dollar Fries ¼ c, Honey Glazed Carrots ½ c, Fruit Apple 1ea. Milk 8oz.</p>	<p>19) Baked Chicken 4oz., Peas &amp; Carrots, ¼ c, Steamed Brown Rice ½ c, Fruit Banana 1 ea. Milk 6 oz.</p>	<p>20) Macaroni 100% Monterey Jack 1 oz., Cheddar 1 oz. Mild Cheddar Cheese 1oz. Cauliflower &amp; Broccoli ½ c, Blend, Fruit Peach 1 ea. Milk 6 oz. 1 Sliced Wheat Bread</p>	<p>21) Spaghetti, ¾ c, Turkey 4 oz. Sauce, Mixed Vegetable ½ c, Carrots, Corn, Peas, Green Beans, Wheat 1 Sliced Rolls or Bread, Fruit Apple 1 ea.. Milk 6oz.</p>	<p>22) Turkey 4 oz. &amp; Cheese 1 oz. on Wheat Bread , Silver Dollar Fries ½ c, Tossed Salad W/3Beans Blend ½ c, Fruit Apple 1 ea. Milk 6 oz.</p>
<p>25) Chicken Parmesan 4 oz. w/ Red Sauce &amp; Mozzarella Cheese 1 oz. on Enriched Bun 1 Serv'g ea. Italian Blend Vegetable ½ c, Fruit Plum 1 ea.. Milk 6 oz.</p>	<p>26) Oven Baked Chicken Nuggets 4 ea. American Vegetable Blend ½ c, Silver Dollar or Sweet Potato Fries ¼ c, Fruit Banana, 4 oz. Milk 6 oz.</p>	<p>27) Steamed Brown Rice, Chicken Breast in Cream Sauce, Sweet Corn ½ c, Fruit Sliced Pears/ Avail. Milk 6 oz. Wheat Bread</p>	<p>28) Chicken Hot Dog 1 ea. On Enriched Bun, Sweet Potato Fries ¼ c, Tossed Salad ½ c, Milk 6 oz.</p>	<p>29) Turkey &amp; Cheese on Wheat Bread, American Cream of Tomato Soup ½ c, Fruit Fresh / Avail. Milk 6 oz.</p>

**Asare's Den Restaurant & Caterers 855 Hamilton Street, Somerset, NJ 08873 732-246-7660**

**NOTE: Menu items may change based on purveyor product availability**