

Somerset County Action Program - JULY, 2018 Lunch Menu – 1 NO- RED SAUCE,
155 Pierce Street, Somerset, NJ 08873 – 732-846-8888 Pineapple, Apple, Orange,

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2) Baked Chicken , in Gravy, Oriental Blended Vegetables, Steamed White Rice, Fruit Cocktail/ Avail, Milk 6 oz. Veg Ravioli Red Sauce & Veg</p>	<p>3) Macaroni W/Tri Cheese Cheddar Sharp, Mild and Monterey Blended, Green Beans, Fruit Bananas/Avail. Milk 6 oz. Sliced Wheat Rolls or Bread</p>	<p>4) Swedish Turkey Meatballs, Brown Sauce, Steamed White Rice, Broccoli, Sliced Apple / Pear/ Avail. Milk 6 oz. Veggie: Spring Rolls -2</p>	<p>5) Turkey Meat Loaf, American Mixed Vegetable, Oven Roasted Potatoes, Fruit Whole or Sliced Apples/Avail. Milk 6 oz. Veggie: Spring Rolls -2</p>	<p>6) Pizza W/100% Mozzarella Cheese over Red Sauce, Milk 6 oz. Tossed Salad with Tomato Apple / Avail</p>
<p>9) 100% Ricotta & Mozzarella Baked Ziti W/Red Sauce, Italian Blend Vegetables, Milk 6 oz. Fruit Applesauce / Avail. Sliced Bread or Rolls</p>	<p>10) Chicken Hot Dog ,on Enriched Bun, Silver Dollar Fries, ¼ c, Green Beans, Fruit Banana / Avail. Milk 6 oz. Veg: Veggie Dog</p>	<p>11) Bow Tie Pasta Topped W/Broccoli florets Cream Sauce ½ c, & BBQ Chicken Apples/Avail, Milk 6 oz. Veggie: w/o Meat</p>	<p>12) Spaghetti with Turkey Sauce, Strings Beans, Bread, and Whole or sliced Apples / Avail. Milk 6 oz. Veg Pasta & Sides, W/Red sauce Cheese & Sides</p>	<p>13) Oven Baked Chicken Nuggets 4 ea. Sweet Corn ¼ Sweet Potato or Dollar Fries, Fruit Banana/Avail. Milk 6 oz. <i>Veggie: Falafel & Sides</i></p>
<p>16) Chicken in Cream Sauce, Steamed Yellow Rice ½ c, Broccoli ½ c, Seasonal Fruit / Peaches/ Avail. Milk 6 oz. <i>Veggie: Falafel & Sides</i></p>	<p>17) Oven Baked Fish Sticks, 4ea, Peas & Carrots, ¼ Silver Dollar Fries, ¼ Sliced Oranges / Avail. Milk 6 oz.</p>	<p>18) Potato Pancakes, Turkey Meatballs, Peas & Carrots, Sliced Wheat Bread, Fruit Sliced Oranges/ Avail. Milk 6 oz. Veg: <i>Pierogies & Sides</i></p>	<p>19) BBQ Baked Chicken Steamed White Rice, Carrots, Fruit Applesauce/ Avail. Milk 6 oz. Oven Cheese on Wheat Bread</p>	<p>20) Pizza W/100% Mozzarella Cheese over Red Sauce, Milk 6 oz. Tossed Salad with Tomato Apple/ Avail</p>
<p>23) Macaroni W/Tri Cheese Cheddar Sharp, Mild and Monterey Blended, Green Beans, Fruit Bananas/Avail. Milk 6 oz. Sliced Wheat Rolls or Bread</p>	<p>24) Sliced Turkey with 100% American Cheese, on Wheat Bread, Potato Chips, Tossed Salad with Tomato & Cucumber Milk 6oz.Fruit/ Avail Cheese on Wheat</p>	<p>25) Oven Baked Chicken Patty on Bun; Sweet Corn ¼ Sweet Potatoes or Dollar Fries ¼ c, Fruit Banana/Avail. Milk 6 oz. <i>Veggie: Falafel & Sides</i></p>	<p>26) Oven Warmed American Cheese, on Wheat Bread, Tater Tots, Glazed Carrots, Fruit / Avail. Milk 6 oz.</p>	<p>27) Ricotta Stuffed Ravioli, Peas and Carrots, Seasonal Fruit / Pear/ Peaches/ Avail. Milk 6 oz.</p>
<p>30) <i>Pierogies, in Cheese Sauce,</i>. Green Beans ¼c & Mashed Potatoes, Fruit Banana/Avail. Milk 6 oz.</p>	<p>31) Chicken & Raw Vegetable Spring Role, Tomato, Spinach, Carrots Shredded, Cucumber or Zucchini, Apple /Avail. Veggie – Role/W Beans</p>			 <p>Happy 4th of July!</p>

Asare's Den Restaurant & Caterers 855 Hamilton Street, Somerset, NJ 08873 732-246-7660

NOTE: Menu items may change based on purveyor product availability