

**SCAP**  
**BREAKFAST/SNACK**  
**CALENDAR**  
**SEPTEMBER 2018**

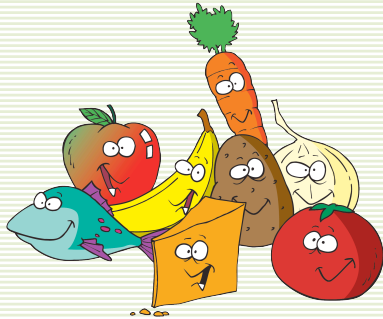
Whole/1% Milk Served

100% Fruit Juice Served

Granola – homemade –  
oats, Rice Krispy Cereal,  
Honey, less than 6 grams,  
sugar per serving

Apple Dip – Cream  
Cheese with Apple Butter,  
Cinnamon

Healthy Cookie – oats,  
applesauce, egg, raisins



<p>3 LABOR DAY</p>	<p>4 BREAKFAST: -Cornflakes Cereal -Milk -Apple Slices</p> <p>PM SNACK: -Animal Crackers - 100% Apple Juice</p>	<p>5 BREAKFAST: -Banana Bread -Milk - Cantaloupe</p> <p>PM SNACK: -Graham Crackers -Applesauce</p>	<p>6 BREAKFAST: -Yogurt -Granola -Fruit</p> <p>PM SNACK: - Sliced Cucumbers - Ranch Dip</p>	<p>7 BREAKFAST: -Bagel -Cream Cheese -Fruit Preserves</p> <p>PM SNACK: - Rice Cakes - 100% Apple Juice</p>
<p>10 BREAKFAST: -Crispy Rice Cereal -Milk - Apple Slices</p> <p>PM SNACK: -Animal Crackers - 100% Apple Juice</p>	<p>11 BREAKFAST: -Yogurt -Granola -Fruit</p> <p>PM SNACK: - Sliced Cucumbers - Ranch Dip</p>	<p>12 BREAKFAST: - Cheerios Cereal - Milk - Applesauce</p> <p>PM SNACK: - Pretzel Sticks - Pumpkin Dip</p>	<p>13 BREAKFAST: - Zucchini Bread - Milk - Banana</p> <p>PM SNACK: - Cheesy Crackers - 100% Apple Juice</p>	<p>14 BREAKFAST: -Bagel -Cream Cheese -Fruit Preserves</p> <p>PM SNACK: - Hummus - Pita</p>
<p>17 BREAKFAST: - Cornflake Cereal - Milk - Apple Slices</p> <p>PM SNACK: -Animal Crackers - 100% Apple Juice</p>	<p>18 BREAKFAST: -Yogurt -Granola -Fruit</p> <p>PM SNACK: -Cheese -Crackers</p>	<p>19 BREAKFAST: - Banana Bread - Milk - Banana</p> <p>PM SNACK: -Graham Crackers -Applesauce</p>	<p>20 BREAKFAST: -Yogurt -Granola -Fruit</p> <p>PM SNACK: - Sliced Cucumbers - Ranch Dip</p>	<p>21 BREAKFAST: -Bagel -Cream Cheese -Fruit Preserves</p> <p>PM SNACK: - Rice Cakes - 100% Apple Juice</p>
<p>24 BREAKFAST: -Crispy Rice Cereal - Milk - Apple Slices</p> <p>PM SNACK: -Animal Crackers - 100% Apple Juice</p>	<p>25 BREAKFAST: -Biscuit - Strawberry Jelly - Orange Slices</p> <p>PM SNACK: -Graham Crackers -Applesauce</p>	<p>26 BREAKFAST: -Yogurt -Granola -Fruit</p> <p>PM SNACK: - Sliced Cucumbers - Ranch Dip</p>	<p>27 BREAKFAST: -Pumpkin Bread - Milk - Banana</p> <p>PM SNACK: - Goldfish Crackers - 100% Grape Juice</p>	<p>28 BREAKFAST: -Bagel -Cream Cheese -Fruit Preserves</p> <p>PM SNACK: - Hummus - Pita</p>