

AUGUST, 2018 BREAKFAST MENU

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| | | 1) -Whole Grain Cinnamon Muffin -Fresh Pear -Milk | 2) -Whole Grain Waffles -Syrup -Fresh Banana -Milk | 3) -Raisin Cinnamon Vanilla Bread (1) w/cream cheese -Fresh Apple -Milk |
| (6) -WW Pancakes (2) w/Syrup -Fresh Orange -Milk | (7) -Corn Squares Cereal Bowl -Applesauce (1/2 c) -Milk | (8) -Whole Grain Bran Muffin -Fresh Banana -Milk | (9) -Rice Krispies Cereal Bowl -Fresh Orange -Milk | (10) -WW Bagel w/cream cheese and Jelly pc -Fresh Apple -Milk |
| (13) -Egg and Cheese on WW English Muffin -Fresh Banana -Milk | (14) -Apple Cinnamon Cheerios -Applesauce (1/2 c) -Milk | (15) -Whole Grain Chocolate Chip Muffin -Fresh Pear -Milk | (16) -Flavored Yogurt Cup (4 oz) -Graham Crackers (2 pkgs) -Fresh Banana -Milk | (17) -WW Bagel w/cream cheese and Jelly pc -Fresh Apple -Milk |
| (20) -WG French Toast Sticks (4) w/Syrup -Fresh Orange -Milk | (21) -Golden Graham Cereal -Applesauce (1/2 c) -Milk | (22) -Whole Grain Oatmeal Muffin -Fresh Pear -Fresh Banana -Milk | (23) -Fruity Cheerios Cereal Bowl -String Cheese Stick -Fresh Orange -Milk | (24) -WW Bagel w/cream cheese and Jelly pc -Fresh Apple -Milk |
| (27) -Sausage and Cheese on WW Hamburger Bun -Fresh Banana -Milk | (28) -Cinnamon Toast Crunch Cereal -Applesauce (1/2 c) -Milk | (29) -Whole Grain Cinnamon Muffin -Fresh Pear -Milk | (30) -Flavored Yogurt Cup (4 oz) -Graham Crackers (2 pks) -Fresh Orange -Milk | (31) -WW Bagel w/cream cheese and Jelly pc -Fresh Banana -Milk |

*FRUIT VARIETY SUBJECT TO CHANGE BASED UPON AVAILABILITY