

CATERING SOLUTIONS

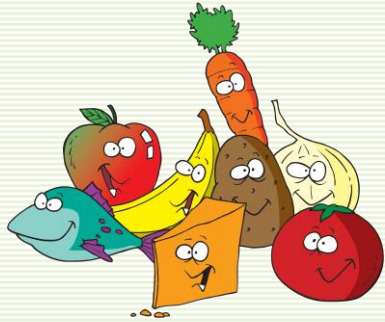
BREAKFAST/SNACK CALENDAR OCTOBER 2018

Whole/1% Milk Served

100% Fruit Juice Served

Granola – homemade –
oats, Rice Krispy Cereal,
Honey, less than 6 grams,
sugar per serving

Pumpkin Dip – Cream
Cheese with Pumpkin,
Cinnamon



1 BREAKFAST: -Cornflakes -Milk - Apple Slices PM SNACK: -Animal Crackers - 100% Apple Juice	2 BREAKFAST: - Yogurt -Granola -Fruit PM SNACK: -Pretzels - Pumpkin Dip	3 BREAKFAST: -Banana Bread -Milk - Cantaloupe PM SNACK: -Graham Crackers -Applesauce	4 BREAKFAST: -Crispy Rice Cereal -Milk -Fruit PM SNACK: - Sliced Cucumbers - Ranch Dip	5 BREAKFAST: -Bagel -Cream Cheese -Fruit Preserves PM SNACK: - Rice Cakes - 100% Apple Juice
8 BREAKFAST: -Crispy O's Cereal -Milk - Apple Slices PM SNACK: -Animal Crackers - 100% Apple Juice	9 BREAKFAST: - Whole Grain Cheese Scones - Milk - Banana PM SNACK: - Sliced Cucumbers - Ranch Dip	10 BREAKFAST: - Yogurt -Granola -Fruit PM SNACK: - Pretzel Sticks - Pumpkin Dip	11 BREAKFAST: - Zucchini Bread - Milk - Banana PM SNACK: - Cheesy Crackers - 100% Apple Juice	12 BREAKFAST: -Bagel -Cream Cheese -Fruit Preserves PM SNACK: - Hummus - Pita
15 BREAKFAST: - Crispy Rice Cereal - Milk - Apple Slices PM SNACK: -Animal Crackers - 100% Apple Juice	16 BREAKFAST: - Blueberry Bread - Milk - Banana PM SNACK: -Cheese -Crackers	17 BREAKFAST: - Yogurt -Granola -Fruit PM SNACK: -Graham Crackers -Applesauce	18 BREAKFAST: -Crispy O's Cereal -Granola -Fruit PM SNACK: - Sliced Cucumbers - Ranch Dip	19 BREAKFAST: -Bagel -Cream Cheese -Fruit Preserves PM SNACK: - Rice Cakes - 100% Apple Juice
22 BREAKFAST: -Cornflakes - Milk - Apple Slices PM SNACK: -Animal Crackers - 100% Apple Juice	23 BREAKFAST: -Biscuit - Strawberry Jelly - Orange Slices PM SNACK: -Trail Mix -Applesauce	24 BREAKFAST: -Yogurt -Granola -Fruit PM SNACK: - Sliced Cucumbers - Ranch Dip	25 BREAKFAST: -Pumpkin Bread - Milk - Banana PM SNACK: - Goldfish Crackers - 100% Grape Juice	26 BREAKFAST: -Bagel -Cream Cheese -Fruit Preserves PM SNACK: - Hummus - Pita
29 BREAKFAST: -Crispy Rice Cereal - Milk - Apple Slices PM SNACK: -Animal Crackers - 100% Apple Juice	30 BREAKFAST: -Apple Bread - Milk - Orange Slices PM SNACK: -Graham Crackers -Applesauce	31 BREAKFAST: -Yogurt -Granola -Fruit PM SNACK: - Pretzel Sticks - Pumpkin Dip		