

# CATERING SOLUTIONS

## LUNCHEON CALENDAR

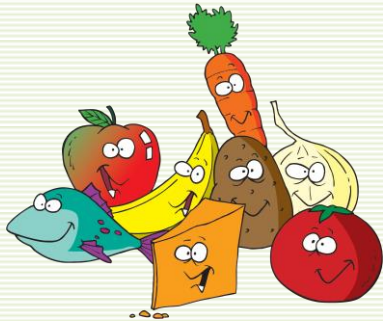
OCTOBER 2018

Whole Milk/1%  
Served Daily

*A Healthy &  
Diverse School  
Lunch Program*

Email:

[getsolutions@optonline.net](mailto:getsolutions@optonline.net)



Fruit & Vegetable Selections  
subject to change pending  
availability

1 Spaghetti Marinara with Turkey Meatballs <i>or</i> Veggie Balls Broccoli Watermelon	2 Chicken Noodle or Cream of Tomato Soup Each with ½ Whole Wheat Cheese Sandwich Cantaloupe	3 Grilled Cheese on Whole Wheat Bread Green Salad with Cucumber & Tomato with Ranch Dressing Apple Slices	4 Grilled Chicken <i>or</i> Grilled Veggie Cakes with Rice Carrots, Peas, Green beans Fresh Melon	5 Cheese Pizza Green Beans Bananas
8 Chicken Hotdogs Cucumber & Tomato Salad Apple Slices	9 Pancakes with Fruit Syrup <i>Choice of</i> Turkey Sausage or Veggie Patty Corn Oranges	10 Lemon Chicken <i>or</i> Herbed Lemon Tofu Both served over Rice Broccoli Watermelon	11 BBQ Chicken Or BBQ Grilled Tofu with Cornbread Baked Beans Fresh Melon	12 Cheese Pizza Green Beans Bananas
15 Chicken Noodle or Cream of Tomato Soup Each with ½ Whole Wheat Cheese Sandwich Cantaloupe	16 Baked Ziti Broccoli Sliced Oranges	17 Oktoberfest! Chicken Schnitzel (sliced chicken cutlet) or Fried Eggplant <i>With Red Cabbage &amp; Mashed Potatoes</i> Apple Slices	18 Sneaky Mac & Cheese  Broccoli Honeydew	19 Cheese Pizza Green Beans Bananas
22 Quesadillas! Chicken & Cheese or Just Cheese  Corn Watermelon	23 French Toast Sticks <i>Choice of</i> Turkey Sausage or Veggie Patty Corn Oranges	24 Chicken Hotdogs  Cucumber & Tomato Salad Cantaloupe	25 Pasta Bolognese  Peas & Carrots Honeydew	26 Cheese Pizza Green Beans Bananas
29 Grilled Cheese on Whole Wheat Bread Green Salad with Cucumber & Tomato with Ranch Dressing Corn Peaches	30 Spaghetti Marinara with Turkey Meatballs <i>or</i> Veggie Balls Broccoli Watermelon	31 Chicken Hotdogs  Cucumber & Tomato Salad Cantaloupe		