

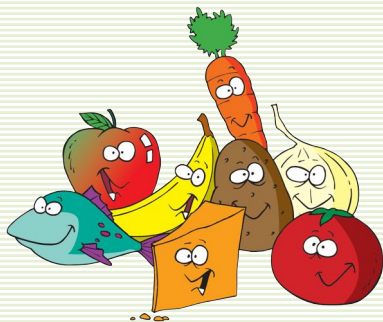
**SCAP
SNACK CALENDAR
JANUARY 2019**

Whole/1% Milk Served

100% Fruit Juice Served

Granola – homemade –
oats, Rice Krispy Cereal,
Honey, less than 6 grams,
sugar per serving

Pumpkin Dip – Cream
Cheese with Pumpkin,
Cinnamon



	1 HAPPY NEW YEAR!	2 BREAKFAST: - Crispy Rice -Milk - Fruit PM SNACK: Cheesy Crackers - 100% Apple Juice	3 BREAKFAST: - Yogurt -Granola - Fruit PM SNACK: - Sliced Cucumbers - Ranch Dip	4 BREAKFAST: -Bagel -Cream Cheese - Jelly PM SNACK: - Pirate's Booty - Juice
7 BREAKFAST: -Crispy O's Cereal -Milk - Fruit PM SNACK: -Animal Crackers - 100% Apple Juice	8 BREAKFAST: - Cinnamon & Raisin Bread - Milk - Fruit PM SNACK: - Graham Crackers - Applesauce	9 BREAKFAST: - Yogurt -Granola - Fruit PM SNACK: - Pretzel Sticks - Pumpkin Dip	10 BREAKFAST: - Corn Flakes - Milk - Fruit PM SNACK: - Sliced Cucumbers - Ranch Dip	11 BREAKFAST: -Bagel -Cream Cheese - Jelly PM SNACK: - Rice Cakes - 100% Apple Juice
14 BREAKFAST: - Crispy Rice Cereal - Milk - Jelly PM SNACK: -Animal Crackers - 100% Apple Juice	15 BREAKFAST: - Blueberry Bread - Milk - Fruit PM SNACK: -Cheese -Crackers	16 BREAKFAST: - Yogurt -Granola - Fruit PM SNACK: -Trail Mix -100% Apple Juice	17 BREAKFAST: -Apple Cake -Milk - Fruit PM SNACK: - Sliced Cucumbers - Ranch Dip	18 BREAKFAST: -Bagel -Cream Cheese - Jelly PM SNACK: - Pirate's Booty - 100% Apple Juice
21 BREAKFAST: - Crispy O's Cereal - Milk - Fruit PM SNACK: -Animal Crackers - 100% Apple Juice	22 BREAKFAST: - Cheese Scones - Milk - Fruit PM SNACK: -Graham Crackers -Applesauce	23 BREAKFAST: - Yogurt -Granola - Fruit PM SNACK: -- Pretzel Sticks - Pumpkin Dip	24 BREAKFAST: -Corn Flakes -Milk - Fruit PM SNACK: - Sliced Cucumbers - Ranch Dip	25 BREAKFAST: -Bagel -Cream Cheese - Jelly PM SNACK: - Rice Cakes - 100% Apple Juice
28 BREAKFAST: - Crispy Rice Cereal - Milk - Fruit PM SNACK: -Animal Crackers - 100% Apple Juice	29 BREAKFAST: - Blueberry Bread - Milk - Fruit PM SNACK: -Cheese -Crackers	30 BREAKFAST: - Yogurt -Granola - Fruit PM SNACK: -Trail Mix -100% Apple Juice	31 BREAKFAST: -Crispy O's Cereal -Milk - Fruit PM SNACK: - Sliced Cucumbers - Ranch Dip	