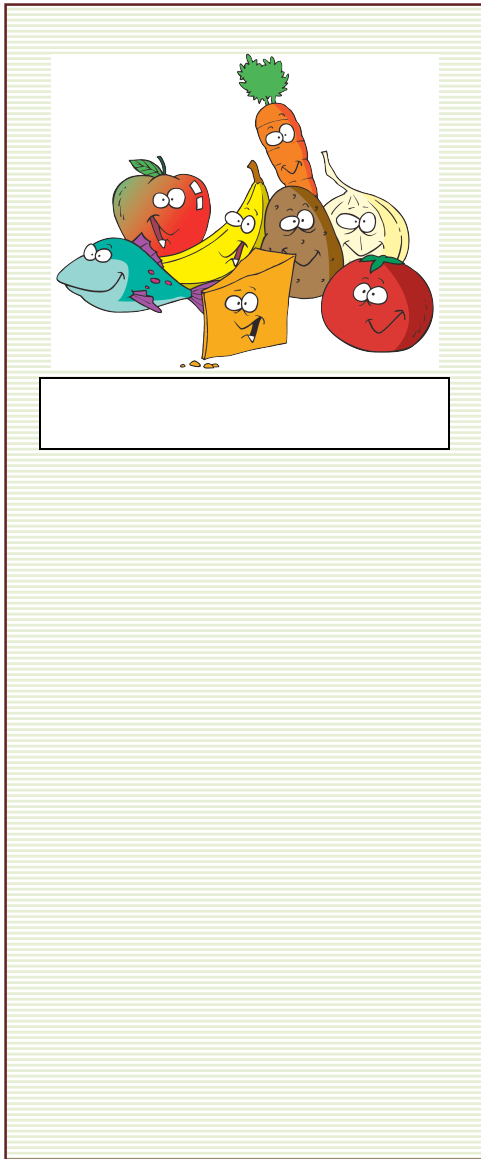


Somerset CAP
LUNCHEON CALENDAR
MARCH 2019

To order, click below:

<http://cateringsolutions.h1.hotlunchonline.net>



				1 Pizza Day! <i>or</i> Grilled Turkey & Cheese
Emergency Meal: Whole Grain Pasta with Marinara Sauce				
4 Baked Ziti Broccoli Apple Slices	5 Grilled Chicken Breast & Rice Or Cuban Black Beans & Rice Carrots, Peas, Corn, Green beans Melon	6 Chicken Hotdogs Mixed Green Salad with Tomatoes & Cucumbers, Dressings Oranges	7 BBQ Chicken Or Tofu Both served with Cornbread Baked Beans Bananas	8 Pizza Day! <i>or</i> Grilled Turkey & Cheese Green beans Sliced Peaches
Emergency Meal: Macaroni and Cheese				
11 Pancakes with Syrup <i>Choice of</i> Turkey Sausage or Veggie Patty Corn Apple Slices	12 Pasta Bolognese <i>(meat sauce made with ground turkey)</i> Broccoli Melon	13 Quesadillas! Chicken & Cheese or Just Cheese Corn Oranges	14 Ham & Cheese Melts Sliced Cucumbers Bananas	15 Pizza Day! <i>or</i> Grilled Turkey & Cheese Green beans Sliced Peaches
Emergency Meal: Whole Grain Pasta with Marinara Sauce				
18 Spaghetti Marinara with Turkey Meatballs <i>Or Veggie Balls</i> Broccoli Apple Slices	19 Chicken Fried Rice <i>or Veggie Fried Rice</i> Asian Vegetables Oranges	20 Chicken Nuggets Mashed Potatoes Peas Melon	21 Chicken Noodle or Cream of Tomato Soup Each with ½ Whole Wheat Cheese Sandwich Melon	22 Pizza Day! <i>or</i> Grilled Turkey & Cheese Green beans Sliced Peaches
Emergency Meal: Macaroni and Cheese				
25 Waffles with Syrup <i>Choice of</i> Turkey Sausage or Veggie Patty Corn Apple Slices	26 Chicken Tetrzzini over Noodles Peas Cantaloupe	27 Fish Tenders <i>Or Pink Navy Beans</i> Both served with Tomato-Infused Rice Carrots Bananas	28 Macaroni & Cheese Broccoli Oranges	

CATERING SOLUTIONS

A Healthy & Diverse School Lunch Program

Email: getsolutions@optonline.net | www.mycateringsolutions.net

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